

## MENU

<b>SUNDAY</b>		
<b>MONDAY</b>		
<b>TUESDAY</b>		
<b>WEDNESDAY</b>		
<b>THURSDAY</b>		
<b>FRIDAY</b>		
<b>SATURDAY</b>		

## GROCERY LIST

<b>Produce</b>	<b>Meats</b>
Apples	
Pears	
Berries	
Vegetables:	<b>Canned goods</b>
Onion	
Lettuce	
Cucumber	<b>Baking/Breads/Condiments</b>
Bananas	<b>Dry Goods</b>
Tomatoes	
Avocados	
	<b>Dairy</b>
	Milk
	1/2 and 1/2
<b>MISCELLANEOUS</b>	