

EMAILS

1. _____
2. _____
3. _____

PHONE CALLS

1. _____
2. _____
3. _____

TO BUY

1. _____
2. _____
3. _____
4. _____
5. _____

TO MAKE

1. _____
2. _____
3. _____

ERRANDS

1. _____
2. _____
3. _____
4. _____
5. _____

To Do List
HOUSEKEEPING

Date: _____

1. Kitchen
2. Laundry
3. Meal plan
4. Groceries
5. _____
6. _____
7. _____

WORK/BUSINESS

1. _____
2. _____
3. _____

APPOINTMENTS/ACTIVITIES

1. _____
2. _____
3. _____

MISCELLANEOUS

1. _____
2. _____
3. _____
4. _____
5. _____

MANTRA/AFFIRMATION:

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